

2025 Youth Camp AM Session – Grades 1-4



*Schedule subject to change due to weather – check ndsufotballcamps.com for updates

• Tuesday – June 10th

- 7:30-8:00 Registration – North Entrance OPF
- 8:00-8:10 Welcome – Coach Polasek and Coach Klieman
- 8:10-8:30 Stretch Lines/Attendance
- 8:30-9:10 Offense / Defense Practice
- 9:10-9:30 SNACK
- 9:30-10:10 Offense / Defense Practice
- 10:10-10:20 Water Break / Transition to Game Fields
- 10:25-10:55 GAMES – 1st and 2nd Grade OPF Field, 3rd and 4th Grade IPF Fields
- 10:55-11:00 Dismissal at IPF/OPF

• Wednesday – June 11th

- 7:30-8:00 Registration –North Entrance OPF
- 8:00-8:15 Stretch Lines
- 8:15-8:55 Offense / Defense Practice
- 8:55-9:15 SNACK
- 9:15-9:55 Offense / Defense Practice
- 9:55-10:10 Water Break / Transition to Game Fields
- 10:10-10:50 GAMES – 1st and 2nd Grade OPF Field, 3rd and 4th Grade IPF Fields
- 10:50-11:00 Dismissal at IPF/OPF

• Thursday – June 12th

- 7:30-8:00 Registration – North Entrance OPF
- 8:00-8:15 Stretch Lines
- 8:15-9:15 GAMES – 1st and 2nd Grade OPF Field, 3rd and 4th Grade IPF Fields
- 9:15-9:35 SNACK
- 9:35-9:45 Closing Remarks/Dismissal
- 9:45-11:00 Autographs at SOUTH end of IPF with NDSU Players/Coaches

2025 Youth Camp PM Session – Grades 5-8



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• Tuesday – June 10th

- 12:30-1:00 Registration – North Entrance OPF
- 1:00-1:10 Welcome –Coach Polasek and Coach Klieman
- 1:10-1:30 Stretch Lines/Attendance
- 1:30-2:10 Offense / Defense Practice
- 2:10-2:30 SNACK
- 2:30-3:10 Offense / Defense Practice
- 3:10-3:20 Water Break
- 3:25-3:55 GAMES – 7th and 8th Grade IPF Fields, 5th and 6th Grade OPF
- 3:55-4:00 Dismissal at IPF/OPF

• Wednesday – June 11th

- 12:30-1:00 Registration – North Entrance OPF
- 1:00-1:15 Stretch Lines
- 1:15-1:55 Offense / Defense Practice
- 1:55-2:15 SNACK
- 2:15-2:55 Offense / Defense Practice
- 2:55-3:10 Water Break
- 3:10-3:50 GAMES – 7th and 8th Grade IPF Fields, 5th and 6th Grade OPF
- 3:50-4:00 Dismissal at IPF/OPF

• Thursday – June 12th

- 12:30-1:00 Registration – North Entrance OPF
- 1:00-1:15 Stretch Lines
- 1:15-2:15 GAMES – 7th and 8th Grade IPF Fields, 5th and 6th Grade OPF
- 2:15-2:35 SNACK
- 2:35-2:45 Closing Remarks/Dismissal
- 2:45-4:00 Autographs at SOUTH end of IPF with NDSU Players/Coaches