

NDSU BISON FOOTBALL INDY CAMP DAY #1

GREEN / GOLD- Split up by position- OFFENSE/DEFENSE evenly among grades (Wristband)

***Need to wear WRISTBAND ALL CAMP LONG - Color (Green/Gold) Denotes Side of Ball for Session**

***Camp ID on wristband denotes your Attendance Line, and Razzle Dazzle Team**

***Camp ID = Line - ID (Ex. 12-32 or 06-14)**

Follow @NDSUFBCamp2025 on TWITTER for any updates regarding Camp

Visiting Coach Staff Meeting (Larson)- Fargodome

Friday, June 20th

4:00-9:00 pm Registration (Ht/Wt/Reach/T Shirt/Dorm Key) (Shelly Ellig Indoor Track)
 Testing Sessions For Travel and Commuters (Nodak Insurance IPF)
 4:40pm 1st Testing Group
 6pm 2nd Testing Group
 7:20pm 3rd Testing Group
 8:30pm Last Testing Group
9 pm Resident Camper Meetings (Reed/ N&S Weible- Volleyball Courts) (Klieman/Lilly/Carpenter)

Saturday, June 21th

7:00-9:00 am Breakfast- **RESIDENT CAMPERS ONLY** (West Dining Center)

7:00-7:30 am Registration (Ht/Wt/Reach/T Shirt/Dorm) (Shelly Ellig Indoor Track)
7:30-8:40 am Testing For Late Travel and Late Commuter's (Nodak Insurance IPF)
 7:30am 1st Testing Group

8:30-8:40 am Commuter Camper Meeting (Dacotah Field)
8:35-8:45 am Skill to IPF/OPF/Dacotah

9:00 - 10:15 am **Skill Practice #1 - GREEN OFFENSE/GOLD DEFENSE**
 Skill Attendance(8:45am)/Warm Up
 Nodak Insurance IPF/OPF: **Green**- WR/QB/TE **Gold**-DB
 Dacotah: **Green**-RB **Gold**-LB

10:15 - 10:20 AM Skill Transition to OPF and Dacotah

10:20 - 11:20 am **Skill #1 1on1's - GREEN OFFENSE/GOLD DEFENSE**
 Nodak Insurance OPF: **Green**- WR/QB **Gold**-DB
 IPF: **Green**-RB **Gold**-LB

11:20 AM Skill Leaves for Lunch

10:10am-10:15am Bigs Transition for Prac #1 to Dacotah (Helmets/Shoulder Pads)

10:20 - 11:35 am **Big Practice #1 - GREEN OFFENSE/GOLD DEFENSE**
 (10:15am) Warm Up
 Dacotah: **Green**- OL/ **Gold**-DL

11:40 - 12:40 pm **Big #1 1on1's - GREEN OFFENSE/GOLD DEFENSE**
 Dacotah: **Green**- OL/ **Gold**-DL

12:40 PM Bigs Leaves for Lunch

11:30 -2:15 pm Lunch (West Dining Center)

2:05-2:15 pm Skill to Practice Fields (IPF/OPF/Dacotah)

2:30 – 3:30 pm **Skill Practice #2 – GREEN DEFENSE/GOLD OFFENSE**
 (2:20pm) Warm Up
 Nodak Insurance IPF/OPF: Gold-WR/QB/TE Green -DB
 Dacotah: Gold -RB Green -LB

3:30 – 3:35 PM Skill Transition to IPF/OPF

3:40 – 4:40 pm **Skill #2 1 on 1's – GREEN DEFENSE/GOLD OFFENSE**
 Nodak Insurance OPF: Gold-WR/QB/TE Green -DB
 IPF: Gold- RB Green LB

3:40 PM Skill Leaves for Dorms/Dinner at 4:30pm

3:20-3:30 pm Bigs Transition to Dacotah

3:35 – 4:35 pm **Big Practice #2 – GREEN DEFENSE/GOLD OFFENSE**
 (3:30pm) Warm Up
 Dacotah: Gold-OL Green -DL

4:35-4:40 PM Bigs transition to 1on1's

4:45–5:50 pm **Big 1 on 1's – GREEN DEFENSE/GOLD OFFENSE**
 Dacotah: Gold-OL Green -DL

5:50 PM Bigs Leaves for Dorms/Dinner

4:30-7pm Dinner (West Dining Center)

7:15-7:25 pm Transition to OPF for Razzle Dazzle – CLEATS ONLY

7:30-9:00 pm RAZZLE DAZZLE (Nodak Insurance IPF/OPF/ Dacotah Field)

10:45 pm Lights Out

NDSU BISON FOOTBALL INDY CAMP DAY #2

Sunday, June 22nd

6:30-8:30 am Breakfast- RESIDENT CAMPERS ONLY (West Dining Center)

7:25-7:35 am Skill to IPF/OPF/Dacotah (Helmets/Shoulder Pads)

7:45-7:55 am Attendance

8:00-8:45 am **Skill Practice #4 – GREEN DEFENSE/GOLD OFFENSE**
 (7:55am) Warm Up
 Nodak Insurance IPF: Gold-WR/QB/TE Green -DB
 Dacotah: Gold -RB Green -LB

9:30 – 9:45 am Skill Transition to IPF/OPF

8:50 – 9:35 am **Skill Practice #5– GREEN OFFENSE/GOLD DEFENSE**
 Nodak Insurance IPF: Green-WR/QB/TE Gold -DB
 Dacotah: Green -RB Gold -LB

9:40 am Skill Leaves for Dorms/Lunch

9:35-9:40 am Bigs to Dacotah

9:40 – 10:25 am **Big Practice #4 – GREEN DEFENSE/GOLD OFFENSE**
 Warm Up/INDY
 Dacotah: Gold-OL Green -DL

10:30 -11:15am **Big 1 on 1's - GREEN OFFENSE/GOLD DEFENSE**

Dacotah: Green-OL Gold-DL

11:15 am Big Leaves for Dorms/Lunch

10:30-12:45 pm Lunch (West Dining Center)

12:20-12:30 pm Transition to Fields for Practice (Helmets and Shoulder Pads)

12:00 - 1:00 pm **Skill Last Showcase - GREEN DEFENSE/GOLD OFFENSE**

Nodak Insurance IPF: Gold-WR/QB/TE Green-DB

OPF: Gold-RB Green-LB

1:05 pm Coach P Closing on OPF and Start Dorm Check out

12:45-12:55 pm Transition to Fields for Practice (Helmets and Shoulder Pads)

1:00- 2:00 pm **Big Last Showcase - GREEN DEFENSE/GOLD OFFENSE**

IPF: Gold-OL Green-DL

2:05 pm Coach P Closing on OPF and Start Dorm Check out

CAMPERS MUST STAY IN THE DORM AREA DURING CAMP, NO EXCEPTIONS

Contact Phone Numbers

Camp Directors:	Devin Klieman	701-318-9544
	Pat Lilly	540-809-2761
	Derrick Luken	805-757-7313
	Gavin Heier	605-380-5944
Airport Shuttle:	Tony Moonen	612-791-1099
Athletic Trainer:	Trish Shannon	701-715-3329
Football Office Main Number:	Rachael Kaczor	701-231-7816

ADDRESSES:

Nodak Insurance IPF	1600 N. University Dr. Fargo, ND 58102
Shelly Ellig Indoor Track	1625 14 th Ave N. Fargo, ND 58102
N. & S. Weible & Reed Dorm	1420 14th Street North- Fargo, ND 58102

Camp Rules and Reminders:

- Follow the itinerary, be where you're supposed to be, doing what you're supposed to be doing.
- Listen to all of the coaches; they have your best interest in mind.
- Leave valuables locked up in the room during camp. Bring limited personal items with you to practice each day.
- Campers need to stay on Campus and near your dorm at all times. We will have pizza sales during the day at lunch and deliveries at night to the dorms. NO ordering from other places!!!
- Pizza will be picked up at Weible Lounge at night. The coaches will only order a couple extra from the day/lunch orders. Order during the day at lunch in the cafeteria.
- LEAVE screens on the windows
- MUST GO TO **ALL MEALS**-YES, INCLUDING BREAKFAST
- NO LEAVING CAMPUS and NO outside guests allowed in dorm rooms!
- **Lost/Damaged key will cost \$75**
- Dorm doors lock at midnight

- Damages in the rooms
 - Expensive! You will be charged.
 - Do not move any furniture
- Windows and blinds
 - Close them during the day and open them at night to cool the room off
- Doors
 - Lock at all Times!
 - NDSU is not responsible for lost/stolen items.
- Trash Rooms
 - There are trash rooms on every floor with large trashcans, brooms, etc.
 - Large dumpsters located outside near your dorm
- No alcohol/tobacco/smoking
 - NDSU has a zero tolerance policy
- Keeping Cool
 - Close windows during the day & open them at night
 - Keep curtains/blinds closed during the day to keep the heat out

In the Dining Center:

1. Do not need to bring a plate up to the hot food line – servers will give them a plate.
2. Bring dishes to the dish return and clean your table.
3. Do not need to scrape all left over food into the trashcans – send it back to the dishroom.
4. No Cleats/Pads in the dining center – please wear a t-shirt.
5. When you finish eating, you need to go back to your dorm to ensure good flow in the dining center. No Bags or Backpacks.

Check out procedure

- a. Sweep the floor, no dirt or black pieces of turf on ground.
- b. Windows and blinds closed
- c. Bring trash out to the dumpsters (or put it into a trash bag and one kid take it to the dumpster.)
- d. Pillows/blanket placed on one end of bed, linens on the other side of the bed
- e. All furniture back in its place.
- f. Checkout with the coach on your floor. Give him your keys in the packet you received them in. LOST KEYS ARE \$75.